

Check-In Procedure for Volleyball Camp

Please make sure that you have signed the **“Statement of Understanding”**. You will need to send it to the camp **before** arrival. Don't forget to select your T-shirt size.

Summer Missionary: Mark & Helen Begarly from Zimbabwe Outreach Ministries

The following camp will check-in at the Chapel

<u>Date</u>	<u>Session</u>	<u>Check In/Out</u>
July 8-11	Jr High Girls Volleyball	4:30 pm/6:00 pm

Chapel



- Please leave luggage in your vehicle until after check-in.
- You and your camper need to be present for check-in.
- Write the person's name that will be picking up your camper. If that changes, the camp must be notified before check-out.
- Write any special information (not medical) such as camper has an appointment on _____ at ____:____.
- During check-in, each camper will go through a brief health screen. If there are any concerns or your child has medication they will be directed to the nurse. **Make sure medication is in its original container.**
- Parents will then take the camper to their assigned dorm. Our faculty will be waiting in the dorm to help the camper prepare for their camp week. Please inform the dorm parent at this time of any special needs your camper may have.

Check-Out Procedure

- Come to the **Family Life Center** for check-out.
 - a. Campers will not be released until they have been signed out by an authorized person listed during check-in.
 - b. Please remember to pick up your camper's medications.
 - c. **Please take a look at Lost & Found before you leave.**

Family Life Center



What To Pack For Camp

Volleyball Gear List

- Athletic clothes & non-marking athletic shoes (no spandex or short shorts)
- Volleyball knee pads are recommended, not required
- Casual/dress clothes for evening activities
- Water bottle

Bedding: Sleeping bag or sheets & blanket, pillow, towels, wash cloth, soap, toothbrush & toothpaste, deodorant.

Clothes: Athletic shoes for recreation, casual clothes for morning, play clothes for recreation and casual clothes for evening services. Shoes, socks, underwear, jacket.

Bible, notebook & pencil.

Swimwear: Men & boys - no racer style trunks. Women & girls - no two-piece suits (tankini's are OK), no plunging neckline suits. Wear a cover-up & shoes to and from the beach.

Items not to bring: Heelys (shoes with rollers), radios, clock radios, CD's & CD players, TV's , MP3 players, iPods, magazines, cell phones, computers, personal gaming devices, firearms or knives, an automobile.

Sports campers receive an additional t-shirt... T-shirt size (circle one): Adult: S M L XL or Child: M L

Please SIGN & RETURN before arrival at camp. Mail to LJCA 1880 W 275 N Angola, IN 46703

Statement of Understanding/Medical Treatment for Wilderness, Mission Adventure, Aquatics and Sports Camps

As a camper, I am aware in signing this statement for participation in the Lake James Christian Assembly above programs that certain activities are physically demanding. Therefore, physical fitness will increase my enjoyment and ability to participate in the activity. If for any reason I question my ability to participate in the activity, I will consult with the instructors prior to participation. While it is impossible to foresee all possible dangers, some of the specific hazards which might be encountered are slipping or falling, bumps, bruises, cuts, insect bites, poison ivy, sprains, fractures, or other injuries. Please note that some activities are conducted in the outdoors in all kinds of weather so proper dress (rain gear, warm clothing) are essential to avoid undue exposure to the elements. Wilderness camps may include the following: horseback riding, low and high ropes course, caving, rock climbing, river swimming and canoeing. Also, the Aquatics camps will offer water skiing and tubing which does involve certain risks. The instructors of the activities will take every reasonable precaution to minimize exposure to known risks, however, as a participant I acknowledge the nature of the activity and the fact that not all the stresses and hazards connected with the activity can be foreseen. I have the personal responsibility to follow the established safety rules and procedures to the extent that you participate in such activities. If at any time I have questions about the activity, I have the responsibility to consult with your instructor.

As a parent, I recognize that there is a significant element of risk in any adventure, sport or activity associated with the outdoors, water and sports activities. Knowing the inherent risks, dangers and rigors involved in the activities, as listed above, I certify that my child named below is fully capable of participating in the activities. I assume full responsibility for my child for bodily injury, death, loss of personal property, and expense thereof, as a result of my child participating in the above programs sponsored by Lake James Christian Assembly. I understand that some of these activities may be off-site and give permission for my child to be transported to and from these activities. I authorize LJCA to provide a copy of this form for release purposes to cooperative off-site agencies. I also authorize LJCA to take and use any photographs or videos of the camper named on this application as may be needed for its records or public relations programs. In case of emergency, I hereby give permission to LJCA to hospitalize, secure treatment for and to order anesthesia or surgery for my child named below. I understand however that every effort will be made to contact me in case of such an emergency, if possible, before any such medical treatment is administered. I hereby release LJCA from any responsibility other than normal supervision and care. In case of accident, I will not hold Lake James Christian Assembly, its staff, faculty, management or officers liable. ****I Understand Camp Accident Insurance is Secondary.** (Signature of parent or guardian and camper must be on this form before the registration will be processed.)

Signature of Camper _____ Date ___/___/___

Signature of Parent or Guardian _____ Date ___/___/___

Name of Camp Session _____

Lake James Christian Camp & Retreat Center

Summer Camp Rules & Regulations

1. Faculty, campers and visitors must remember that this is a CHRISTIAN camp!
2. All campers are under adult supervision at all times.
3. **No one**, faculty or camper, is permitted to leave the campgrounds without permission of the Dean.
4. The use or solicitation of tobacco, alcoholic beverages or illegal drugs is prohibited on camp property. All visitors are requested to refrain from their use.
5. **All visitors must check in at the camp office upon arrival at the camp.** Anyone who plans to visit the camp on his own and is 18 years old or younger is required to call the camp office ahead of time for permission. Anyone 18 years old or younger who is accompanied by a **parent** or **guardian** needs no prior permission, but still needs to report to the camp office on arrival.
6. Automobiles are subject to strict regulations. Senior High campers **are not allowed** to drive and keep cars on the camp grounds during a week of camp. (If it is **necessary** that a Senior High camper **must** drive, their parents or guardian must fill out a release form prior to coming to camp. Keys must be turned in at the office upon arrival.)
7. Musical instruments brought must be used according to the discretion of the Dean. Do not bring Heely's (shoes with rollers), radios, clock radios, CD's & CD players, TV's, MP3 players, iPods, magazines, cell phones, computers, personal gaming devices, firearms or knives. Items not permitted at camp will be collected and held in the office to be picked up at check-out. **The Christian camp experience is a blend of indoor and outdoor activities. To enjoy this experience completely, the camper needs to spend a week away from "the world". This includes not bringing cell phones to camp. We ask parents to honor this request and make sure your camper does not bring a cell phone to camp. Cell phones, chargers and items that are mentioned above are subject to confiscation.**
8. **Every camper & faculty member must follow the camp schedule!!!** There can be no absence from classes except in cases of sickness and then only by advice of the camp nurse.
9. All campers and faculty are **required** to turn in all medication - counter or prescription - to the Camp Nurse on the opening day of camp. If medication needs to be with the camper (ex. Inhaler), a Doctor's slip must be given to the Camp Nurse on arrival. Medicine must be turned in to the nurse in its original container and with the camper's name on the container. Special medicine instructions must be reported to the Camp Nurse. We advise leaving non-doctor prescribed dietary supplements at home. Sickness and injuries will be reported to the Camp Nurse immediately. Dietary restrictions must be doctor prescribed and reported by the parents to the food service manager either before coming to camp or at check-in.
10. Campers will swim only during the regularly scheduled swimming periods! (No swimming after dark-no exceptions!!) No camper is permitted in the beach area except during scheduled activities! Unacceptable swimsuit attire are as follows: Men & boys - no racer style trunks. Women & girls - no two-piece bathing suits (tankini's are OK), no plunging neckline swimsuits. Shoes and a covering must be worn by everyone while going to and from the beach.
11. In matter of dress, Christian judgement must prevail at all times!
 - a. No halter tops, tube tops, spaghetti straps, strapless attire, bare midriff, mini-skirts or spandex shorts at any time. Tank top straps must have straps greater than 2" in width. The judgement of the Dean will prevail.
 - b. Clothing must completely cover all undergarments. Inappropriate advertisements are not permitted and **written expressions across the backside of shorts or pants is not permitted.**
 - c. Gym shorts and cut-offs are to be worn only during recreation.
 - d. No one is to go barefoot on the camp grounds at any time!!!
 - e. The Executive Director has final authority.
12. The Camp Dean or Executive Director reserves the right to reprimand or dismiss any camper or faculty member who does not conform to these rules and regulations.
13. Parents are requested to pick up their camper promptly at announced closing times. If this cannot be done, the Dean or Executive Director must be notified and arrangements will be made to care for the camper.
14. Use of telephone is not permitted by a camper except with permission of the dean. The office will not accept calls from home for a camper unless there is an emergency.
15. If the camper is unable to attend camp, all but \$20.00 of the fee that has been paid will be refunded. Refunds must be requested prior to the beginning of the camp session. Once the camp session has begun, refunds will NOT be made for sickness, homesickness, disruptive behavior or "No Show". All refunds will be refunded through the mail as a check.

"Rules for acceptance and participation in the program are the same for everyone without regard to race, sex, color, age, handicap, religion or national origin. Any person who believes he or she has been discriminated against in any USDA-related activity should write: Secretary of Agriculture, Washington, D.C. 20250."